KEEP YOUR SKIN RADIANT WHILE BEING THE LIFE OF THE VIRTUAL HOUSE PARTY

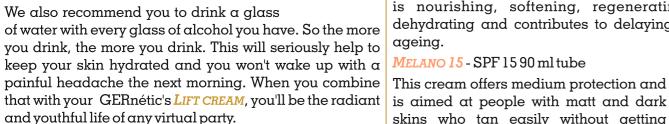
Which products do you need to avoid dehydrated skin during the summer season?

GLYCO and FIBRO are perfect when it comes to cleansing your skin each day. GLYCO is rich in milk glycoproteins, cleanses deeply and nourishes your skin. FIBRO completes the cleansing process by removing the last traces of dead cells for a bright, revitalised complexion. GLYCO and FIBRO are also super helpful with removing all traces of make-up.

LIFT CREAM is an anti-ageing gem that boosts cell renewal and at its core, has powerful ingredients to combat the signs of glycation. Glycation was once the buzz word in the world of skincare - today it is considered a skin

condition that is on the rise, leading to premature ageing. The good news is there are anti-glycation skin care products to protect against glycation, with GERnétic's LIFT CREAM being a perfect solution.

LIFT CREAM will reduce the signs of skin fatigue, stimulate tissue regeneration, restructure elastin and collagen fibres and optimise the health of your skin.



BODY BEAUTIFUL

If your lock down goal was to get healthy and toned, GERnétic's exceptional body products can help you attain and maintain your goals.

LYMPHO Toning Lotion accelerates microcirculation, thus increasing the rapidity and efficacy of the beauty care products' effects. Its relaxing virtues bring relief to tired legs, leaving you with a pleasant feeling of well-being.

VASCO ARTERA is the quintessential body cream to effectively combat cellulite, by enabling a better microcirculation thus making your legs feel lighter. Its draining effects result in the elimination of the dead cells of the resistant areas, with the concomitant elimination of cellulite, leaving you with a smooth and attractive figure.

ADIPO GASTA contains a synergy of plant and seaweed extracts to help eliminate fatty deposits linked to poor digestion, poor elimination and slow metabolism. It can even help to stop sugar cravings, allowing you to successfully enjoy a healthier diet. Rich in iodine and

> anti-oxidants, ADIPO GASTA boosts metabolism while nourishing and restoring the skin to leave you with a firmer, slimmer body.

So, use your time in lock down and make 2020 your healthiest, fittest and most beautiful year yet by choosing the best products to support your healthier lifestyle.

HEALTHY TANNING WITH THE GERNÉTIC SUN PRODUCT RANGE

We might have to miss out on our Summer Holiday abroad, but your skin will still need protection from the sun-even on Staycation.

Sun protection is essential for all skin types and sun screen products must offer optimal protection and comfort. We all know the benefits of sunlight - life wouldn't be possible without it, it helps us feel happy and



allows our bodies to synthesize Vitamin D essential for its operation. However, UV rays are also responsible for sunburn and cells' damage - and sun damage is irreversible. It is therefore necessary to protect the skin.

GERnétic's sun screen range perfectly meets your needs and expectation. The range has been divided into 3 levels of sun protection, allowing everyone, regardless of age and skin type, to enjoy the sun.

The MELANO products are non-whitening, without nanoparticles with a fresh, citrus orange and bergamot smell. The range is composed of 3 products which all contain Apricot oil, rich in oleic acid, vitamins A and E. Apricot Oil is nourishing, softening, regenerating and nondehydrating and contributes to delaying the effects of

MELANO 15 - SPF 15 90 ml tube

GER netic

is aimed at people with matt and dark skins who tan easily without getting sunburned. MELANO 15 contains Shea butter which has nourishing and repairing properties and prevents dehydration.



MELANO 30 - SPF 30 125ml pump bottle dispenser

This liquid emulsion offers high protection and is aimed at light skinned people who tan quite easily, but can get sunburned.

MELANO 50 - SPF 50 125ml pump bottle dispenser

This liquid emulsion offers high protection for people with very light, milky white skin, often with freckles, who get sunburned very easily.

GEL APRÈS SOLEIL 90 ml tube

If you do get a sunburn, our essential GEL APRÈS SOLEIL is still available to help soothe, restore and regenerate your skin. And don't forget our star product SYNCHRO was first designed as a burns cream and also helps with sunburns.



www.gernetic.co.uk

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Talk To Us!

Want to find out more or want us to tell you how we can help you achieve the skin you've always dreamt about? Speak to your local beauty salon or visit our website. www.gernetic.co.uk













LOOK AFTER YOURSELF IN THESE DIFFICULT TIMES

While we are writing this, we are still not sure what the next few weeks and months will bring. There are so many unanswered questions and nobody seems to know where we are going.

When will life go back to normal? Will we have to get used to a new normal? How much longer will we have to work from home? When can we go out and see family and friends normally again? Will we be able to go on our well-deserved holiday abroad this year?

Everything seems so unsure and all of us are worrying about the health of our family, our friends and of course ourselves, but lots of us might also worry about their livelihoods. All this uncertainty, together with the strain of lock down life, is taking its toll on our well-being, health and naturally also on our skin.

At a time like this, it is important to remember that we cannot change the situation we are in, we just have to do the best we can and make the most of the things we have. It is futile to spend our energy fretting about circumstances out of our control, the only way is to live in the now and within the boundaries we have been given.

Maybe this disruption of normal life has given us all much-needed breathing and thinking space, time to spend with our closest family and to phone relatives and long-lost friends, an opportunity to do the gardening and DIY projects, some time to sort and tidy, the motivation to get fitter or the time to relax, to read and to watch films. Don't forget to also take the time to look after yourself as a whole. Your skin is in lock down with you and will appreciate any extra effort you make.

Remember: not everything has been cancelled, there is always love, hope and self-care.



COVID - 19 NEWS

WE ARE HERE FOR YOU

Here at GERnétic, we have tried our best to help our

Manno for NHS Heroes

s a token of our appreciation, we donated GERnétic ighting Coronavirus for all of us.

REMEMBER TO PROTECT Your Skin while Wearing a Mask



completely new routines and coming to terms with what is happening around us. It's not easy, but one thing you can focus on more than ever is YOU! Exercise every day, eat nourishing food, read inspiring books and take care of your skin. You will wear your skin for the rest of your life, so you have to nurture it.

Sadly none of us can enjoy our usual trip to the Beauty Salon for a hydrating, skin-boosting, rejuvenating facial right now. However, we can invest in great skin care products and discover how to give ourselves mini home treatments that will nourish and care for our skin until we can get back to normal! To inspire you, here are a few invigorating skin care facials that can be done from the comfort of your home.

DIY INVIGORATING FACIAL

What to do: Cleanse and tone with GLYCO CLEANSING MILK and FIBRO TONING LOTION. Apply 2 sprays of MITO SPECIAL+ to the face every morning and press in. Then apply an even layer of

IMMUNO all over the face and leave



for 10 minutes. Wash off with warm water and pat dry. Finish with Gernetic's SYNCHRO or your favourite

Skin Types? Ageing, dull or pigmented skin.

DIY RADIANT EYE TREATMENT

What to do: Cleanse with GLYCO and tone with FIBRO. Apply LIFT CREAM to the eye area and gently press in until absorbed. Next, apply EYE MASK in a thick layer to the eye area. A slight tingling sensation may occur. Leave for 10 minutes. Rinse thoroughly with lukewarm water and gently pat dry with a towel. Finish with SYNCHRO nourishing cream.

Skin Types: puffy eyes, dark circles and fine lines and wrinkles.

DIY NUTRIENT BOOST FACIAL

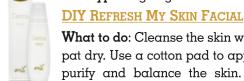
What to do: After cleansing and toning the face, apply 2 sprays of VEINULO SPECIAL+ to the face every morning and press in. Then apply an even layer of IMMUNO all over the face and leave for 10 minutes. Wash off with warm water and pat dry. Finish with GERnétic's GEROXY.

We are living in extraordinary times, getting used to Skin Types: Stressed skin in need of a nutritional boost and improved blood flow. Or skin with an uneven tone.

DIY ANTI AGEING FACIAL

What to do: Cleanse and tone skin using GLYCO and FIBRO. Apply MYO MYOSO cream to firm the skin and press in. Use IMMUNO MASK after MYOMYOSO and leave for 10 minutes. Follow with SYMBIOSE cream to hydrate.

Skin Types: Ageing skin in need of firming and lifting.



What to do: Cleanse the skin with DERMA, rinse off and pat dry. Use a cotton pad to apply SEBOGER, which will purify and balance the skin. Apply firming cream, MYOMYOSO, and press into skin. Use IMMUNO MASK to

nourish and regenerate skin cells. Finally, apply GER OXY to soothe and protect.

Skin Types: All skin types will benefit from this cleansing facial.

DIY ULTIMATE ANTI-AGE FACIAL

What to do: Cleanse and tone skin using GLYCO and FIBRO. After Cleansing, exfoliate with MARINE CLEANSER using gentle circular movements and rinse off with warm water. Apply the **IMMUNO MASK** and leave for 10 minutes. Apply and press in MYOMYOSO cream around the eyes, jaw line and neck area. Follow with LIFT CREAM around the eyes, lip

and neck area. Spread a small amount of SYNCHRO or SYNCHRO 2000 everywhere. Finish with NUCLEA cream on lines, wrinkles, scarring or pigmentation.



Skin Types: All skin types and especially those looking to maintain youthful skin and combat the signs of ageing.

DIY REPAIRING FACIAL

What to do: Cleanse with DERMA and rinse off with warm water. Spray two to 3 pumps of MITO SPECIAL+ and press in until the skin feels sticky, do NOT rinse off. Twice a week use IMMUNO MASK after MITO and leave for 10 minutes. Follow with SYNCHRO everywhere, including the eye and neck area. Apply a pea-size amount of NUCLEA.

Skin Types: Pigmentation, scarring and wrinkles.

